

Harrington Park Swim and Dive Practice Schedule

DIVE TEAM

Monday through Thursday 4-4:30pm for 5 to 6 year olds 4-5:00pm for ages 7 and up

SWIM TEAM

Mon/Tues/Thurs/Fri 4:30-5:15pm for 5 to 6 years

(focus for diving off blocks 5:15 to 6:15pm ages 7 and up every Tuesday)

Reminder- please advise the coaches via team snap if you are attending or are not making the swim meet competitions. We need to submit our line up the night before..Thank you f

See you at the pool!

